



Tomah VA Medical Center
500 East Veterans Street
Tomah, WI 54660
608-372-1727

March 2019



Volume 3, Issue 3

Dates to Remember

- March 9 **Grand Opening-Whole Health & Integrative Wellness Center**
(see page 5 of newsletter for more information)
- March 15-April 15 **BVL /VA Bowling Tournament**
- March 18 **Ladies Night Out, 6:30pm, 455 Veterans Hall**
- March 28 **Veterans Benefit Bonanza, 11:00am, Radisson Hotel, La Crosse**
(see page 6 of newsletter for more information)
- March 30 **Woodturning Demo, Coulee Region Woodturners**
1:30pm, Building 455—Veterans Hall
- April 1 **Creative Arts Festival Awards & Miss Wisconsin Visits**
1:30pm, Building 455—Veterans Hall
- April 4 **American Red Cross Blood Drive, 9am, 455 Veterans Hall**
- April 7-13 **Volunteer Appreciation Week**
Tuesday, April 9 **Volunteer Appreciation Breakfast, 9:00am; 455 Veterans Hall**
Thursday, April 11 **Awards Banquet, 10:00am, Best Western, Tomah**
- April 13 **Facility Wide Memorial Service, 10:00am, 455 Veterans Hall**
- April 25 **Re-Creation Performance, 1:30pm; 455 Veterans Hall**



Find us on
Facebook

For more information, News and Photos, please check out the "Tomah VA Medical Center" Facebook page! You can share stories with your family, friends and organization!

Annual Reviews were sent out in the mail to all regular volunteers in early January. Please read information, sign and return if you haven't already done so. Thank you in advance for your compliance. We look forward to working with you in 2019!



Current Volunteer Needs

- **NEW!** Volunteers to scan documents (various departments)
- **NEW!** Medical Supply Distribution (unboxing & Shelving supplies, Delivering)
- **NEW!** Escort (406b Dementia Neighborhood)
- **NEW!** Kiosk (Tomah)
- **NEW!** Public Affairs (printing, photography, videography, adobe, etc)
- **NEW!** Benetravel Department
- **NEW!** Loving Spoonfuls (have had additional requests from nursing staff)
- Pet Therapy
- Coffee Cart - 404 Outpatient Mental Health Clinic (Monday, Wednesday, Fri)
- My Life, My Story Volunteer
- Kiosk Volunteers—Wausau Outpatient Clinic (Monday-Friday)
- Kiosk Volunteers—Wisconsin Rapids Clinic (Monday, Tuesday, Thursday, Friday)
- Kiosk Volunteers—Owen Outpatient Clinic (Monday-Friday)
- Greeter for Transitional Care Management Office (OEF/OIF/OND) - **Mondays, Fridays**
- La Crosse Outpatient Clinic—assist with coffee, kiosk and greeter—**Thursday**

Oh so
LUCKY
to have
you!

Current Needs List

- **NEW!** Clothing Needs: Tennis shoes (men's—ALL SIZES), Men's Sweatpants (S, M, XL, 2XL), Women's Sweatpants & Sweatshirts (S-XL), winter boots
- **New & Unused** Reusable water bottles (to encourage drinking more water for residential Veterans)
- iTunes gift cards (Music and Memory Program, Music Therapy)
- Stamps
- Decaf Coffee
- Coffee Carafes (inpatient Day rooms- Requested 3)
- **NEW & unused** "Realistic" looking stuffed animals (dogs, cats)—requested by Hospice Recreation Therapist





2019 National Salute to Veteran Patients Week

Please join the Tomah VA Medical Center
for the
GRAND OPENING
of our
Whole Health
Integrative Wellness Center

Saturday, March 9, 2019
10:00 a.m. - 2:00 p.m.

Building 407 on the Tomah VA campus
500 East Veterans Street
Tomah, WI 54660

Ribbon Cutting Ceremony at 10:30 a.m.

*Learn how Whole Health Coaching, Yoga,
Tai Chi, Mindfulness, and more empowers
Veterans to discover What Matters Most.*

Light refreshments will be provided

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Tomah VA Medical Center

**Whole
Health**
for **Life**

VETERANS BENEFIT BONANZA

FOR

Veterans, Current Military, Retirees and their Spouses / Dependents

Thursday, March 28, 2019

11:00 a.m. to 6:00 p.m.

Radisson Hotel La Crosse
200 Harborview Plaza
La Crosse, WI

The Veterans Benefit Bonanza will have qualified professionals on hand to answer questions regarding the following benefits:

- Disability Compensation
- Non Service Connected Pension
- Financial Assistance
- Health Care
- Housing
- Nursing Home Care
- Education
- Funeral Benefits
- Home Health Care / Long Term Care
- Job Assistance
- Social Security Benefits
- And ...

... any other veteran related questions you may have.

New this year – Free Legal Clinic (Veterans only with proper verification)

Event questions can be directed to La Crosse County Veterans Service Office at 608-785-9719.

Patriotic Sponsors:



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