



**Tomah VA Medical Center
VA Center for Development and Civic Engagement (135)
500 East Veterans Street
Tomah, WI 54660
608-372-1727
VHATOMVoluntaryService@va.gov
Office Hours: 0600-1430 Monday-Friday, Closed Holidays**

Upcoming Special Events:

**we rely on our volunteers and community partners to make these special events possible

June 13—June Dairy Days; 1:30pm; Center Courtyard

July 10—Independence Day Celebration; 1:30pm Center Courtyard

July 20—DAV Family Day

August 25—Platoon Run

Current Volunteer Needs

- **Bowling Alley Volunteers:** Mondays and Thursday afternoons 2:00-4:00pm
*open bowling alley, assist bowlers with getting shoes, ball, electronic scoring.
- **Chapel Volunteers**—escort inpatient Veterans to Chapel as scheduled:
Sundays at 1:00pm Protestant
Fridays at 10:15am Catholic Mass
- **Golf Course Volunteers** — 7 days/week 0800-1800, times/dates available starting May 29
- **455 Activities**—Volunteers to assist inpatients to scheduled 455 activities (see page 2) *especially even-ing and weekends
- **Recreation and Musical Volunteers** — to assist with programming and 1:1 visits with inpatient Veterans
- **Vet-to-Vet Peer Facilitators** (Veteran volunteer who lives with chronic pain, communicates effectively, willing to participate in facilitation trainings, able and willing to participate in regular trainings/meetings, has knowledge of whole health pathways (training provided))
- **402b (rehab unit) escorts**—to take Veterans to/from appointments (Monday-Friday 0830-1600)
This assignment can be shared amongst many volunteers, scheduling shifts.
- **Compassionate Contact Corps**—virtual volunteers to call Veterans from comfort of your own home
- **Coffee Cart Volunteers** - Outpatient Clinic locations (Wausau, Wisconsin Rapids, La Crosse, Tomah)



Thank for all you do!
Jen, Cindy, Heath and Deb



Don't forget to turn in your volunteer hours on a regular basis.

June 2024

Tomah VA Free Choice Activities—All Veterans Welcome

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*Need medical clearance & appointment for adaptive sports events</p>						<p>1 10:00am-2:00pm VA Library Open 2:30 Bingo (ALA/American Legion Baseball team — Fond du lac); Bldg. 455; Veterans Hall)</p>
<p>2 9:00am-12:00pm VA Library Open 1:00 Protestant Service, VA Chapel</p>	<p>3</p>	<p>4 *2:00-4:00pm Adaptive Golf Clinic; Jason Simcakoski Memorial Golf Course</p>	<p>5 *1:00-3:00pm Pickleball Clinic Bldg. 15</p>	<p>6 10:15am Catholic Mass, VA Chapel 1:00-2:30pm— Project Healing Waters; La Crosse Vet Center</p>	<p>7</p>	<p>8 10:00am-2:00pm VA Library Open</p>
<p>9 9:00am-12:00pm VA Library Open 1:00 Protestant Service, VA Chapel</p>	<p>10 *9:30am-11:30am Adaptive Cycling Clinic, Center Courtyard;</p>	<p>11 *12:30-2:30 Air Rifle Clinic Bldg. 15</p>	<p>12 9:00am-3:00pm Visual Arts Gallery; Bldg 401, room 1120 1:00-2:30pm Nat'l Events Clinic Bldg. 15</p>	<p>13 9:00am-3:00pm Visual Arts Gallery; Bldg 401, room 1120 1:30 June Dairy Days—center courtyard</p>	<p>14 9:00am-3:00pm Visual Arts Gallery; Bldg 401, room 1120</p>	<p>15 10:00am-2:00pm VA Library Open</p>
<p>16 9:00am-12:00pm VA Library Open 1:00 Protestant Service, VA Chapel</p>	<p>17 9:00 Performing Arts Show; Bldg. 455; Veterans Hall 9:00am-3:00pm Visual Arts Gallery; Bldg 401, room 1120 6:00pm Night at the Races (AMVETS) Bldg. 455; Veterans Hall</p>	<p>18 9:00am-3:00pm Visual Arts Gallery; Bldg 401, room 1120 1:00-2:30pm— Project Healing Waters; Bldg. 455; Veterans Hall</p>	<p>19</p>	<p>20 10:15am Catholic Mass, VA Chapel</p>	<p>21</p>	<p>22 10:00am-2:00pm VA Library Open 1:30 Bingo (Cooties Who? What? Pup Tent) Bldg. 455; Veterans Hall</p>
<p>23 9:00am-12:00pm VA Library Open 1:00 Protestant Service, VA Chapel</p>	<p>24 *9:30am-11:30am Adaptive Cycling Clinic, Center Courtyard;</p>	<p>25 6:00pm Bingo (DAV—Ch. 27) Bldg. 455; Veterans Hall</p>	<p>26 1:30 Bingo (VFWA State) Bldg. 455; Veterans Hall</p>	<p>27 9:00-11:00— Project Healing Waters Outing— Pettibone Park, La Crosse</p>	<p>28 Outpatient Fishing Day 9:00-11:00am, VA pond 10:15am Catholic Mass, VA Chapel</p>	<p>29 10:00am-2:00pm VA Library Open</p>
<p>30 9:00am-12:00pm VA Library Open 1:00 Protestant Service, VA Chapel</p>	<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <p>VA Library Open Monday-Friday 8:00am-4:00pm</p> </div>  </div>					


Current Needs List

- Pre-moistened lens cleaning tissues
- Decaf Coffee—large tubs for units
- Sunglasses (regular and ones that fit over prescription glasses)
- NEW baseball hats
- Suspenders
- Women's 3XL sweatshirts, t-shirts, light weight elastic pants
- Small, 2XL Pocket short sleeve t-shirts
- White briefs (XL)
- Spiral notebooks
- Drawing pads
- Paint brushes assorted sizes
- Laundry Pods

**DONATIONS
NEEDED**

Can you help??

Tomah VA Creative Arts Festival Competition 2024



NATIONAL VETERANS
CREATIVE ARTS
COMPETITION

Performing Arts Show - June 17, 2024 @ 9:00am; 455 Veterans Hall
Visual Arts Gallery - June 12—18, 2024 @ 9:00am—3:30pm; Building 401, room 1120
***We still need volunteers to supervisor gallery when it's open.*



Youth can volunteer starting at age 15 years old. They simply complete application and receive parent/guardian approval, clear TB test and attend orientation. There is no minimum hour requirement.

Youth Assignments may include, but not limited to: public affairs, recreation, canteen services, supply chain management, chapel escort, golf course, food services, roads and grounds and more.

It's a great way to provide services and assistance to Veterans, gain workplace experience, develop resumes, network, improve job and communication skills, and simply develop a better understanding and appreciation of medical services and the healthcare community.

Interested youth (or parents) can contact CDCE youth volunteer coordinator Cindy Rogge cindy.rogge@va.gov or 608-372-3971 ext 66226 to learn more!



On Wednesday, May 15th, the Tomah VA Medical Center hosted their annual fishing tournament for all inpatient Veterans. This event is just one more way the Medical Center aims to improve the patient experience and allow inpatient Veterans to continue in activities that they used to enjoy. This year the campus pond was stocked with 600 trout and approximately 100 Tomah Middle School students came to the event to help escort the Veterans to the pond and assist them with the activities. This event was made possible due to Tomah VA Medical Center's committed community partners and volunteers including: Friends of the Upper Mississippi, Genoa National Fish Hatchery and Great River Road Interpretive Center, La Crosse Fish & Wildlife Services, American Legion Auxiliary - state department, American Legion - Department of Wisconsin, Vernon County American Legion, as well as many Medical Center employees.

