



**Tomah VA Medical Center  
VA Center for Development and Civic Engagement (135)  
500 East Veterans Street  
Tomah, WI 54660  
608-372-1727  
VHATOMVoluntaryService@va.gov  
Office Hours: 0600-1430 Monday-Friday, Closed Holidays**

### Upcoming Special Events:

\*\*we rely on our volunteers and community partners to make these special events possible

July 10—Independence Day Celebration; 1:30pm Center Courtyard **\*volunteers needed**

July 20—DAV Family Day; 11:30-2:00pm Center Courtyard

July 24—Music by Timed out, 1:30pm; Building 455, Veterans Hall **\*volunteers needed**

July 23—Tomah VA Creative Arts Festival Awards Ceremony; 1:30pm; Building 455, Veterans Hall

Miss Wisconsin 2024, Mandi Genord will also be there to help hand out awards.

July 27—AMVETS Riders, America's Chapter 1776 - Motorcycles and Root Beer Floats.

August 25—Platoon Run, 1:00pm.



### Current Volunteer Needs

- **Bowling Alley Volunteers:** Mondays and Thursday afternoons 2:00-4:00pm or offer a different time ;)  
\*open bowling alley, assist bowlers with getting shoes, ball, electronic scoring.
- **Chapel Volunteers**—escort inpatient Veterans to Chapel as scheduled:  
Sundays at 1:00pm Protestant  
Fridays at 10:15am Catholic Mass
- **Golf Course Volunteers** — 7 days/week 0800-1800, times/dates available
- **455 Activities**—Volunteers to assist inpatients to scheduled 455 activities (see page 2) **\*especially evening and weekends.**
- **Recreation and Musical Volunteers** --- to assist with programming and 1:1 visits with inpatient Veterans
- **402b (rehab unit) escorts**—to take Veterans to/from appointments (Monday-Friday 0830-1600)  
This assignment can be shared amongst many volunteers, scheduling shifts.
- **Compassionate Contact Corps**—virtual volunteers to call Veterans from comfort of your own home
- **Coffee Cart Volunteers** - Outpatient Clinic locations (Wausau, Wisconsin Rapids, La Crosse, Tomah)



Thank for all you do!  
Jen, Cindy, Heath and Deb

We  Our  
**Volunteers**

# July 2024

## Tomah VA Free Choice Activities—All Veterans Welcome

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Need medical clearance & appointment for adaptive sports events	1	2	3	4 <i>Happy Birthday America</i> 	5 2:45pm Catholic Mass, VA Chapel	6 10:00am-2:00pm VA Library Open
7 9:00am-12:00pm VA Library Open  1:00 Protestant Service, VA Chapel	8 *9:30am-11:30am Adaptive Cycling Clinic, Center Courtyard;	9 9:00am-11:00am Open Bowling Alley	10 1:30 Independence Day Celebration; Center Courtyard  *1:00-2:30pm Nat'l Events Clinic Bldg. 15	11 2:45pm Catholic Mass, VA Chapel  1:00-2:30pm— Project Healing Waters; La Crosse Vet Center	12	13 10:00am-2:00pm VA Library Open
14 9:00am-12:00pm VA Library Open  1:00 Protestant Service, VA Chapel	15 6:00pm Night at the Races (AMVETS) Bldg. 455; Veterans Hall	16 1:00-2:30pm— Project Healing Waters; Bldg. 455; Veterans Hall	17 1:30 Bingo (VFWA State) Bldg. 455; Veterans Hall	18 2:45pm Catholic Mass, VA Chapel	19	20 10:00am-2:00pm VA Library Open  11:30-2:30pm DAV Family Day; Center Courtyard
21 9:00am-12:00pm VA Library Open  1:00 Protestant Service, VA Chapel	22 *9:30am-11:30am Adaptive Cycling Clinic, Center Courtyard;	23 9:00am-11:00am Open Bowling Alley  1:30 Creative Arts Festival Awards Ceremony, 455 Veterans Hall  6:00pm Bingo (DAV—Ch. 27) Bldg. 455;	24 1:30pm Music by 'Timed Out;' Bldg. 455; Veterans Hall	25 2:45pm Catholic Mass, VA Chapel	26	27 9:15am—AMVETS Riders, America's Chapter 1776 — Motorcycles and Root Beer Floats; building 455, Veterans Hall & Parking lot.  10:00am-2:00pm VA Library Open
28 9:00am-12:00pm VA Library Open  1:00 Protestant Service, VA Chapel	29	30	31		VA Library Open Monday-Friday 8:00am-4:00pm	

## **Current Needs List**

- Pre-moistened lens cleaning tissues
- Regular and Decaf Coffee—large tubs for units
- Sunglasses (regular and ones that fit over prescription glasses)
- NEW baseball hats
- Suspenders
- Women's 3XL sweatshirts, t-shirts, light weight elastic pants
- Small, 2XL Pocket short sleeve t-shirts
- White briefs (XL)
- Drawing pads
- Paint brushes assorted sizes
- Laundry Pods



## **Veteran Baby Shower**

**Saturday, August 3, 2024**

**11:00am –2:00pm**

**Building 411**

**Expecting Veterans and families welcome**

Looking for donations of **NEW items** only:

- Diapers
- Wipes
- Gender neutral clothing
- Boppy pillows with cover
- Bottles
- Diaper bags (gender neutral)
- Board Books
- Gift Cards to purchase additional items not donated (Target/Walmart)



Please bring items to 407/1750 by July 31 and reach out if you have any questions.

## NATIONAL SOCIETY DAUGHTERS OF THE AMERICAN REVOLUTION



The National Society Daughters of the American Revolution (NSDAR) was founded on October 11, 1890. Women felt the desire to express their patriotic feelings and were frustrated by their exclusion from men's organizations formed to perpetuate the memory of ancestors who fought to make this country free and independent. As a result, a group of pioneering women in the nation's capital formed their own organization and the Daughters of the American Revolution has carried the torch of patriotism ever since.

The objectives laid forth in the first meeting of the DAR have remained the same since its founding. Those objectives are to promote historic preservation, education and patriotism. The objectives are accomplished through volunteer work and is accomplished by the grassroots efforts of chapters on the local level which focus on the mission areas of DAR by encouraging members to become involved in these initiatives in their local communities.

Education is promoted by providing donations of money and personal time to schools. Scholarships and funds are provided to American Indian schools, American history essay contests are offered to youth in grades 5 through 8, educational summer camps and cultural programs are offered through the DAR Museum.

Historic preservation is accomplished by DAR members restoring and maintaining historical sites, locating, restoring and marking Revolutionary War patriot gravesites and headstones, preserving genealogical records, artifacts and historical documents and storing them at DAR headquarters in Washington, D.C., organizing and contributing to major restorations, commemorations and memorials.

Patriotism is promoted by providing more than 200,000 hours annually in VA hospitals and non-VA facilities, sending care packages, phone cards and other needed items to personnel in current conflicts, sponsoring special programs to promote the Constitution during Constitution week of September 17-23, participating in naturalization ceremonies, presenting awards for outstanding veteran volunteers, DAR Good Citizen students, those enrolled in ROTC and individuals that provide outstanding community service.

The NSDAR President General appoints a DAR member to be a VAVS Representative or Deputy for a three-year appointment. The Representative must attend all quarterly meetings, training sessions and fulfill Joint Review responsibilities. The Rep must also send a quarterly report to the Service for Veterans State Chair and to Chapters they are assigned to make them aware of the current events and needs of the VA facility.

Wisconsin currently has 1500 DAR members in 33 chapters. Shannon Moore, current VAVS DAR Representative, is a member of the Nay-osh-ing Chapter, based in Plover. The two DAR VAVS Deputies are: Aralda Ann Bell, Ah Dah Wa Gam Chapter - Wisconsin Rapids and Joni Welda, Blackhawk Chapter – Richland Center.

Any woman 18 years or older who can prove lineal, bloodline descent from an ancestor who aided in achieving American independence is eligible to join the DAR. She must provide documentation for each statement of birth, marriage and death, as well as of the Revolutionary War service of her Patriot ancestor.

NSDAR has admitted more than 950,000 members since its founding in 1890.