



**Tomah VA Medical Center
VA Center for Development and Civic Engagement (135)
500 East Veterans Street
Tomah, WI 54660
608-372-1727
VHATOMVoluntaryService@va.gov
Office Hours: 0600-1430 Monday-Friday, Closed Holidays**

Upcoming Special Events: *please see page 2 for addition activities that could use assistance
September 25, 2024—1:30pm—LIVE Music by “Timed Out.”

Volunteer Reminders

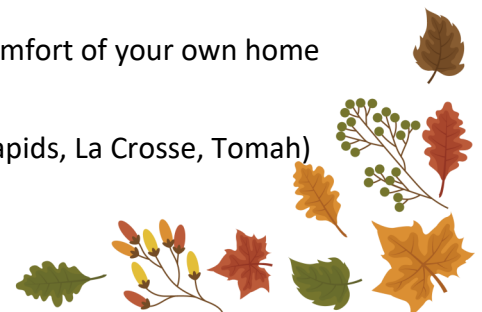
1. Wear your Volunteer ID anytime (and only) when you’re on volunteer duty. **Please also check expiration date and our office know if ID will expire soon.**
2. Turn in your hours on a regular basis. Sign in sheets are available in our office or send us an email. You can also request access to the portal and log your own time (same day only). **Fiscal year ends September 30, 2024! Hours for FY24 need to be turned in no later than October 8th, 2024.. Hours can be also emailed to Deb at deborah.johnson@va.gov**
3. Volunteers can only “volunteer” in approved volunteer assignments. Do not complete tasks/requests without CDCE approval for new volunteer assignments.
4. Volunteers on CLC (inpatient units), must comply with masking requirement. If unsure current requirement (masking, testing, etc) PLEASE ASK. Updates are often sent via email.

Current Volunteer Needs

- *****455 Activities**—Volunteers to assist inpatients to scheduled 455 activities (see page 2) ***if we don’t have a enough volunteers, we may have to move activity to unit instead of hospital wide.**
- **Drivers for VTS** (Wheelchair vehicles), weekend coverage as able (Dialysis)
- **Blue Team BTSSS Computer Assistant** - assist Veterans with myhealthe vet and BTSSS Portal
- **Wausau Outpatient Clinic Greeter**
- **Bowling Alley Volunteers:** open bowling alley, assist bowlers with getting shoes, ball, electronic scoring.
- **Chapel Volunteers**—escort inpatient Veterans to Chapel as scheduled:
 - Sundays at 1:00pm - Protestant
 - Thursdays at 2:45pm - Catholic Mass
- **455 Activities**—Volunteers to assist inpatients to scheduled 455 activities (see page 2) ***especially even- ing and weekends.**
- **Recreation Volunteers (fishing, games, visiting, music, art)**— to assist with programming and 1:1 visits with inpatient Veterans
- **Compassionate Contact Corps**—virtual volunteers to call Veterans from comfort of your own home (average 15 minute commitment /week)
- **Coffee Cart Volunteers** - Outpatient Clinic locations (Wausau, Wisconsin Rapids, La Crosse, Tomah)

Happy Fall!

Jen, Cindy, Heath and Deb



September 2024

Tomah VA Free Choice Activities—All Veterans Welcome

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>10:00am-2:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>2 Labor Day</p>	<p>3</p> <p>9:00am-11:00am Open Bowling Alley (bldg. 406; room 1615)</p>	<p>4</p> <p>*1:00-3:00pm Pickleball Clinic Bldg. 15</p>	<p>5</p> <p>2:45pm Catholic Mass, VA Chapel</p>	<p>6</p>	<p>7</p> <p>10:00am-2:00pm VA Library Open</p> <p>1:30 Bingo (ALA State) Bldg. 455; Veterans Hall</p>
<p>8</p> <p>10:00am-2:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>9</p> <p>*9:30am-11:30am Adaptive Cycling Clinic, Center Courtyard;</p> <p>6:00pm-7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>10</p> <p>*12:30-2:30 Air Rifle Clinic Bldg. 15</p>	<p>11</p> <p>*1:00-2:30pm Nat'l Events Clinic Bldg. 15</p> <p>1:30 Bingo (ALA Elroy) Bldg. 455; Veterans Hall</p> <p>2:45pm Catholic Mass, VA Chapel</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>10:00am-2:00pm VA Library Open</p> <p>12:00pm Cootie Picnic & 1:00 BINGO; Center Courtyard</p>
<p>15</p> <p>10:00am-2:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>16</p> <p>1:30pm Day at the Races (AMVETS) Bldg. 455; Veterans Hall</p>	<p>17</p> <p>9:00am-11:00am Open Bowling Alley (bldg. 406; room 1615)</p>	<p>18 Air Force Birthday</p> <p>*1:00-3:00pm Pickleball Clinic Bldg. 15</p> <p>1:30 Bingo (VFWA State) Bldg. 455; Veterans Hall</p>	<p>19</p> <p>2:45pm Catholic Mass, VA Chapel</p>	<p>20 POW/MIA Recognition Day</p> <p>8:00am-1:00pm VA Blood Drive, Bldg. 455; Veterans Hall</p>	<p>21</p> <p>10:00am-2:00pm VA Library Open</p> <p>11:30-2:30pm DAV family Day (RSVP required); Center Courtyard</p>
<p>22 First day of Fall</p> <p>10:00am-2:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>23</p> <p>*9:30am-11:30am Adaptive Cycling Clinic, Center Courtyard;</p> <p>6:00pm-7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>24</p> <p>6:00pm Bingo (DAV—Ch. 27) Bldg. 455; Veterans Hall</p>	<p>25</p> <p>1:30 Music by 'Timed Out,' Bldg. 455; Veterans Hall</p>	<p>26</p> <p>2:45pm Catholic Mass, VA Chapel</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>10:00am-2:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>30</p>	<p>*Need medical clearance & appointment for adaptive sports events</p>		<p>VA Library Open Monday-Friday 8:00am-4:00pm</p>	 <p>VA Center for Development & Civic Engagement</p>	<p>If interested in volunteering, please contact our CDCE office at 608-372-1727</p>

Current Needs List

- Dementia—life-like Dolls (please contact us for specifics)
- Reading Glasses (all strengths)
- Decaf Coffee—large tubs for units
- Sunglasses (regular and ones that fit over prescription glasses)
- Suspenders
- Women's 3XL sweatshirts, t-shirts, light weight elastic pants
- Men's sweatpants (S-L, 3XL, 4XL)
- Men's 9.5 tennis shoes
- Men's slippers (Medium—size 9-10)
- Women's shoes 10—10.5
- Drawing pads, Markers



On Sunday, August 25, 2024, we held our Platoon Run—Car and Motorcycle Show. Thank you to Wizard of Rods, Tomah VFW Post 1382 and all our volunteers who assisted with bringing out our Veterans and clean up after the event. We had 67 cars and 15 motorcycles, LIVE music by Site7 and refreshing root beer floats.



RECRUITMENT STRATEGIES

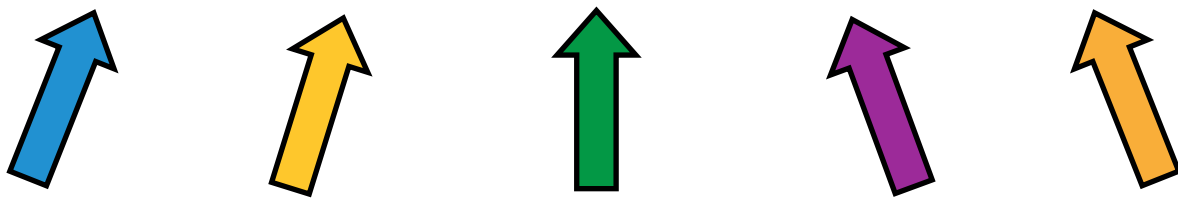
The best new volunteer recruiters are our current volunteers. Please share our volunteer opportunities (our biggest needs are located on page 1 of newsletter) with your family, friends, neighbors, organizations, etc .



" OH, GOOD! ANOTHER VOLUNTEER "



September 30, 2024 is the end of Fiscal Year 2024. Reminder that ALL Volunteer Hours are DUE no later than October 8th.



Please let our office know if you are able to help with Carnation Delivery date—September 11th. We get to work bright and early — around 7:00am attaching flowers to cards, and delivering! 608-372-1727